



Downtown Ithaca  
Children's Center

Weekly Menu – July 29 – Aug 2, 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Bagels w/ CC WGR Fruit Milk	Fruit Smoothies Milk	Muffins Fruit Milk	Cereal WGR Fruit Milk	Pancakes Fruit Milk
<b>LUNCH</b>	Spaghetti w/ "Meatballs" Carrots Fruit Milk	Taco Tuesday Tortilla Shells WGR Pico de Gallo Fruit Milk	Sunbutter and Jelly on WGR Bread Veggie Tots Fruit Milk	Broccoli Cheddar Quiche Fruit Milk	Eggplant Parmesan WGR Breadsticks Fruit Milk
<b>SNACK</b>	Yogurt Crackers	Fruit and String Cheese	Fruit and Pretzels	SunButter and WGR Crackers	Fruit Cups Graham Crackers