

# DICC Menu



# 2020

2	Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday
	<u>Breakfast</u> – OATMEAL (WGR)  <u>Lunch</u> – SHELLS AND SAUCE  <u>Snack</u> – GOLDFISH AND FRUIT		<u>Breakfast</u> – POTATOES O'BRIEN  <u>Lunch</u> – BLACK BEANS AND YELLOW RICE  <u>Snack</u> – BELVITA SNACKS (WGR) AND FRUIT		<u>Breakfast</u> – BREAKFAST SANDWICH (WGR)  <u>Lunch</u> – BROCCOLI AND CHEESE SOUP  <u>Snack</u> – GRAHAM CRACKERS AND CARROT STICKS		<u>Breakfast</u> – FRITTATA  <u>Lunch</u> – CHILI AND CORN MUFFINS (WGR)  <u>Snack</u> – FRUIT AND CHEESE CRACKERS		<u>Breakfast</u> – BAGELS (WGR)  <u>Lunch</u> – CHICKEN NUGGETS  <u>Snack</u> – FRUIT AND YOGURT
9	<u>Breakfast</u> – OATMEAL (WGR)  <u>Lunch</u> – RAVIOLI  <u>Snack</u> – FRUIT AND CHEESE	10	<u>Breakfast</u> – GRITS AND EGGS  <u>Lunch</u> – CHICKEN FAJITAS (WGR)  <u>Snack</u> – SUNBUTTER AND CELERY	11	<u>Breakfast</u> – BLUEBERRY MUFFINS  <u>Lunch</u> – LOADED BAKED POTATO SOUP  <u>Snack</u> – GOLDFISH (WGR) AND FRUIT	12	<u>Breakfast</u> – CEREAL (WGR)  <u>Lunch</u> – CURRIED CHICKPEAS  <u>Snack</u> – GRAHAM CRACKERS AND FRUIT	13	<u>Breakfast</u> – BAGELS(WGR)  <u>Lunch</u> – VEGGIE BURGERS  <u>Snack</u> – FRUIT AND YOGURT
16	<u>Breakfast</u> – OATMEAL (WGR)  <u>Lunch</u> – LASAGNA  <u>Snack</u> – FRUIT AND CHEESE	17	<u>Breakfast</u> – CHORIZO AND EGGS  <u>Lunch</u> – TACOS (WGR)  <u>Snack</u> – HUMMUS AND CARROTS	18	<u>Breakfast</u> – FRENCH TOAST (WGR)  <u>Lunch</u> – GRILLED CHEESE AND TOMATO SOUP  <u>Snack</u> – BANANAS AND NILLA WAFERS	19	<u>Breakfast</u> – CEREAL (WGR)  <u>Lunch</u> – FETTUCCHINE ALFREDO  <u>Snack</u> – CHEESE AND CRACKERS	20	<u>Breakfast</u> – BAGELS (WGR)  <u>Lunch</u> – EGGPLANT PARM  <u>Snack</u> – BELVITA AND FRUIT
23	<u>Breakfast</u> – OATMEAL (WGR)  <u>Lunch</u> – LASAGNA  <u>Snack</u> – FRUIT AND CHEESE	24	<u>Breakfast</u> – EGGS AND TOAST (WGR)  <u>Lunch</u> – QUESADILLAS  <u>Snack</u> – YOGURT AND GRANOLA	25	<u>Breakfast</u> – CEREAL (WGR)  <u>Lunch</u> – SUCCOTASH SOUP  <u>Snack</u> – GRAHAM CRACKERS AND STRING CHEESE	26	<u>Breakfast</u> –  <u>Lunch</u> –  <u>Snack</u> –	27	<u>Breakfast</u> –  <u>Lunch</u> –  <u>Snack</u> –

<b>30</b>	<u>Breakfast</u> – OATMEAL (WGR)	<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>	
	<u>Lunch</u> – MAC AND CHEESE								
	<u>Snack</u> –FRUIT AND CHEESE								