



DIOC Menu **AUGUST** 2021

	Monday		Tuesday		Wednesday		Thursday		Friday
	<ul style="list-style-type: none"> MENU SUBJECT TO CHANGE ALL MEALS SERVED IN ACCORDANCE WITH CACFP GUIDELINES AND WILL HAVE REQUIRED COMPONENTS. SOME OF WHICH ARE NOT LISTED HERE. 								
2	<p><u>Breakfast</u> – OATMEAL (WGR)</p> <p><u>Lunch</u> – STUFFED SHELLS</p> <p><u>Snack</u> – CLEMENTINES AND GRAHAM CRACKERS</p>	3	<p><u>Breakfast</u> – CEREAL</p> <p><u>Lunch</u> – QUESADILLAS (WGR)</p> <p><u>Snack</u> – CHEEZ-IT AND ORANGES</p>	4	<p><u>Breakfast</u> – FRENCH TOAST STICKS</p> <p><u>Lunch</u> – SOUTHERN RED BEANS AND RICE</p> <p><u>Snack</u> – GOLDFISH (WGR) AND FRUIT CUPS</p>	5	<p><u>Breakfast</u> – BLUEBERRY MUFFINS</p> <p><u>Lunch</u> – CHICKPEAS AND GARLIC NAAN</p> <p><u>Snack</u> – PRETZELS AND CHEESE STICK</p>	6	<p><u>Breakfast</u> – BAGELS (WGR)</p> <p><u>Lunch</u> – PIZZA</p> <p><u>Snack</u> – FRUIT AND YOGURT</p>
9	<p><u>Breakfast</u> – OATMEAL (WGR)</p> <p><u>Lunch</u> – TRI COLOR TORTELLINI</p> <p><u>Snack</u> – APPLES AND CHEESE</p>	10	<p><u>Breakfast</u> – PANCAKES</p> <p><u>Lunch</u> – BEAN BURRITO (WGR)</p> <p><u>Snack</u> – RICE CAKES AND ORANGES</p>	11	<p><u>Breakfast</u> – CHOCOLATE CHIP MUFFINS (WGR)</p> <p><u>Lunch</u> – GRILLED CHEESE AND TOMATO SOUP</p> <p><u>Snack</u> – BANANAS AND NILLA WAFERS</p>	12	<p><u>Breakfast</u> – LIFE CEREAL (WGR)</p> <p><u>LUNCH</u> – FETTUCCINE ALFREDO</p> <p><u>Snack</u> – CHEESE AND CRACKERS</p>	13	<p><u>Breakfast</u> – BAGELS (WGR)</p> <p><u>Lunch</u> – WEEKEND BRUNCH</p> <p><u>Snack</u> – BELVITA AND DICED PEACHES</p>
16	<p><u>Breakfast</u> – OATMEAL (WGR)</p> <p><u>Lunch</u> – GOULASH</p> <p><u>Snack</u> – WATERMELON AND SALTINES</p>	17	<p><u>Breakfast</u> – WAFFLES (WGR)</p> <p><u>Lunch</u> – BEAN AND CHEESE EMPANADAS</p> <p><u>Snack</u> – PINEAPPLE FRUIT CUPS AND BELVITA SNACKS</p>	18	<p><u>Breakfast</u> – CORN MUFFINS (WGR)</p> <p><u>Lunch</u> – CHEESE PIZZA</p> <p><u>Snack</u> – GRAHAM CRACKERS AND STRING CHEESE</p>	19	<p><u>Breakfast</u> – RICE KRISPIES</p> <p><u>Lunch</u> – DR. PRAGER'S VEGGIE BURGERS</p> <p><u>Snack</u> – YOGURT AND GRANOLA</p>	20	<p><u>Breakfast</u> – BAGELS (WGR)</p> <p><u>Lunch</u> – SPINACH AND CHEESE FRITTATA</p> <p><u>Snack</u> – CHEEZ-ITS AND ORANGES</p>

2 1	<u>Breakfast</u> – OATMEAL (WGR) <u>Lunch</u> – RAVIOLI <u>Snack</u> –PRETZELS AND MIXED FRUIT CUP	2 2	<u>Breakfast</u> - PANCAKES <u>Lunch</u> – TACO SALAD <u>Snack</u> – ANIMAL CRACKERS (wgr) APPLESAUCE	2 3	<u>Breakfast</u> –CORN MUFFINS <u>Lunch</u> – BLACK EYED PEAS AND RICE <u>Snack</u> – TEDDY GRAHAMS AND APPLES	2 4	<u>Breakfast</u> – KIX <u>Lunch</u> – MAC AND CHEESE <u>Snack</u> – SUNBUTTER AND RITZ	2 5	<u>Breakfast</u> – BAGELS <u>Lunch</u> – FRUIT AND YOGURT PLATE <u>Snack</u> – GOLDFISH AND DICED PEARS
3 0	<u>Breakfast</u> – OATMEAL (WGR) <u>Lunch</u> – MANICOTT I <u>Snack</u> – CHEEZ-ITS AND PEACHES	3 1	<u>Breakfast</u> – (WGR) <u>Lunch</u> – BLACK BEANS AND YELLOW RICE <u>Snack</u> – CHEEZ-ITS AND PEACHES						