



Downtown Ithaca
Children's Center

MARCH MENU

2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | |
|--|--|---|--|
| | 1 | 2 | 3 |
| | B: Strawberry Muffins, Fruit L: Veggie Nuggets, Green Beans & Fruit S: Cheese Sticks & Ritz Crackers | B: Oatmeal, Fruit L: Tacos, Mixed Veggies & Fruit S: Yogurt & Fruit | B: Bagels W/ Cream Cheese & Fruit L: Veggie Sausage Potato Corn Soup, Saltines & Fruit S: Mixed Fruit Smoothie & Graham Crackers |
| 6 | 7 | 8 | 9 |
| B: Cereal & Fruit L: Veggie Burgers, French Fries & Fruit S: Rice Cakes & Fruit | B: Muffins & Fruit L: Pasta W/ Veggie Meat Sauce, Peas & Fruit S: Apple Sauce & Graham Crackers | B: Oatmeal & Fruit L: Rice, Beans, Broccoli & Fruit S: Strawberry Banana Smoothie & Animal Crackers | B: Pancakes & Fruit L: Pizza Bagels, Mixed Veggies & Fruit S: Celery & Sun Butter |
| 13 | 14 | 15 | 16 |
| B: Cereal & Fruit L: Veggie Beef Mac & Cheese, Green Beans & Fruit S: Yogurt & Cheez-its | B: Oatmeal & Fruit L: Taco, Corn & Fruit S: Cheese Sticks & Fruit | B: Pancakes & Fruit L: Veggie Quesadillas, Peas & Fruit S: Pretzels & Fruit | B: Muffins & Fruit L: Rice, Veggie Sausage & Fruit S: Carrots, Ranch & Fruit |
| 20 | 21 | 22 | 23 |
| B: Cereal & Fruit L: S: | B: Pancakes & Fruit L: S: | B: Muffins & Fruit L: S: | B: Oatmeal & Fruit L: S: |
| 27 | 28 | 29 | 30 |
| B: Cereal & Fruit L: S: | B: Muffins & Fruit L: S: | B: Muffins & Fruit L: S: | B: Oatmeal & Fruit L: S: |
| 34 | 35 | 36 | 37 |
| B: Cereal & Fruit L: S: | B: Muffins & Fruit L: S: | B: Muffins & Fruit L: S: | B: French Toast Sticks & Fruit L: Chili, Corn Bread, Corn & Fruit S: Goldfish & Fruit |
| 44 | 45 | 46 | 47 |
| B: Cereal & Fruit L: S: | B: Muffins & Fruit L: S: | B: Muffins & Fruit L: S: | B: Bagels W/ Cream Cheese & Fruit L: Grilled Cheese, Tomato Soup & Fruit S: Apple Sauce & Ritz Crackers |
| 54 | 55 | 56 | 57 |
| B: Cereal & Fruit L: S: | B: Muffins & Fruit L: S: | B: Muffins & Fruit L: S: | B: French Toast Sticks & Fruit L: S: |